Bacteriological Analysis of Water Samples from Different Points in a Tertiary Care Hospital

Microbiology Section

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ABSTRACT

Introduction: Water is a critical component of public health, and failure to supply safe water will place a heavy burden on humanity. Drinking water is the major source of microbial pathogens in developing regions. Water contamination can be a major source of infection in a hospital.

Aim: To determine the percentage of contamination (if contamination is present) with calculation of prevalence of bacteria and to analyse the bacteriological profile of the organisms present.

Materials and Methods: Hi Media test kit was used to collect water samples from 20 different points in the hospital and was subjected to incubation for 24-48 hours. The bottles that

showed colour change were further subjected to culture and sensitivity with identification of organism.

Results: There was 100% contamination of the water samples and the organisms identified include *E.coli, Klebsiella, Enterobacter, Citrobacter, Proteus,* NF GNB, *Salmonella, Pseudomonas* and *Acinetobacter*. Some of these organisms and isolates were found to be resistant to Cefuroxime, Ampicillin, Amoxicillin- clavulanic acid, Cefoperazone, Imipenem.

Conclusion: These results provoked the authors to reconsider the efficacy of the existing water purification systems and analyse where the point of contamination is, take corrective measures and use the apt method of purification systems to improve the quality of life of the patients.

Keywords: Coliform, Communicable diseases, Culture and sensitivity, Drug resistance, Water contamination

INTRODUCTION

Hospital is a common source of microorganisms. People, both the staff and the patients are at an increased risk of acquiring the infections from the hospital. Nosocomial infection is the clinical infection that develops after 48-72 hours of admission to a hospital resulting from exposure to organisms endemic within the Hospital. These infections were neither overtly present nor within the incubation period in the patients at the time of admission. Infections that are clinically evident after discharge but contracted from the hospital are also a part of this spectrum [1]. There are many ways through which this type of spread is known to occur such as air and fomites, doctors and staff nurse (because of meeting several patients a day), irrational use of antibiotics, improper disposal of waste, ineffective aseptic precautions, improper screening system, improper air condition system [2].

Also, water is a critical component of public health, and failure to supply safe water will place a heavy burden on humanity [3]. Drinking water is the major source of microbial pathogens in developing regions [4]. Furthermore, water may be contaminated by disease causing pathogens from garbage piling, improper waste disposal and excessive use of agriculture chemicals, all of which is very common in Bangalore. Drinking water being transported through distribution networks will be subjected to both chemical and microbiological quality changes [5].

Lack of safe drinking water and proper sanitation leads to number of diseases such as cholera, dysentery, salmonellosis, typhoid and everyday millions of lives are claimed [6]. It is estimated that 1.1 billion people in developing countries have no access to clean water and 2.4 billion people have no sanitation. Consequently, 250 million people are exposed to water borne diseases resulting in 10-20 million deaths every year [7].

Coliform bacteria are a commonly used bacterial indicator of sanitary quality of foods and water. Coliforms include the genera like *Citrobacter, Enterobacter, Klebsiella, Escherichia,* etc., Presence of these organisms indicate the presence of other pathogenic organisms like viruses, protozoa and parasites.

Fecal coliforms are a group of Fecal Indicator Bacteria (FIB) used to assess water quality throughout the world [8]. FIB is a group of microorganisms of the commensal flora of gut used to indicate the potential occurrence of pathogens in water. This group includes *Escherichia coli, Enterococcus, Clostridia*, etc.

There are three types of water contamination namely physical contamination, chemical contamination and bacteriological contamination. Contamination of the water supply can occur at the source, the storage tank, the overhead tanks, the pipe lines and ineffective purification systems.

Water is one of the main sources of contamination. There is a dearth of data in South India (Bangalore) regarding the contamination of water supply in a hospital which is beneficial for providing quality of water. Since there have not been many studies conducted to determine the bacteriological analysis of water in Bangalore, this paper aims to determine the prevalence of bacteria along with its bacteriological profile using Hi Media Water Coliform Kit.

The Hi Media Water Coliform Kit is a simple and an easy method to determine the presence of microorganisms. It is a commercially available ready water testing kit in India for speedy and accurate detection of microbes in potable water. The samples that prove to be contaminated will be subjected to culture and sensitivity with antibiotic sensitivity testing to determine the bacteriological profile of the organisms. This method can pave way to determine if the water supply in a hospital can be a significant source of infection contributing to nosocomial and post OP infections.

MATERIALS AND METHODS

In an attempt to determine the percentage of contamination of water samples along with the determination of bacteriological profile with its prevalence, this descriptive study was undertaken for a period of 1 October 2016 to 30 November 2016 in a tertiary care hospital in Bangalore, Karnataka, India. Institutional Ethics

Clearance was taken before commencing the study (Reference number: KIMS IEC/ UG-29/ 2016). Twenty different water source points in the hospital were chosen for the study. Physical and chemical analysis of water was excluded from the study. Isolation of other organisms such as viruses, protozoa, parasites was also excluded from this study. Although *E.coli* was included in the study, *Clostridium* and *Enterococcus* were not included in this study as the study focuses more on gram negative bacteriological profile for water contamination.

Clostridium was excluded as the media and incubator for anaerobic culture was not available at the time of the study. Other organisms such as *E.coli, Klebsiella, Enterobacter, Citrobacter, Proteus,* NF GNB, *Salmonella, Pseudomonas, Acinetobacter, Vibrio* were included in the study. Isolation of these organisms can help in the investigation of nosocomial infection. It can help in the treatment of such infections. The data obtained can be significant in case of any nosocomial outbreak ultimately helping in identification of the source of infection.

Materials Used

- This study uses single use test kits- Hi Water test kit (K015) supplied by Himedia Laboratories Pvt., Ltd., 20 sets of the kits were used (Batch no. LOT0000280691 and LOT0000264880), each containing 2 sterile bottles and 2 different nutrient Medias 'A' and 'B'. Medium 'A' contains peptone (2 gm/Pack); Lactose (0.5 gm/pack); dipotassium hydrogen phosphate (0.15 g/pack); Ferric ammonium citrate (0.075 g/pack); Sodium thiosulphate (0.1 g/pack); Sodium lauryl Sulphate (.01 g/pack); Bromo cresol purple (0.005 g/pack) which helps in detection of Salmonella species, E. coli, Citrobacter species. Medium 'B' contains Peptone (1.2 g/pack); sucrose (2 g/pack); Sodium thiosulphate (0.65 g/pack);sodium citrate (1 g/pack); Bile salt (0.6 g/pack); Sodium chloride (1 g/pack); Indicator mix (0.06 g/pack) and helps in detection of Vibrio species. Detection of organism growth is based on change in colour of the medium.
- Blood agar plates and Mac Conkey agar plates, Loop for streaking, burner for heating the loop during streaking, Incubator, microscope, spirit, test tubes for biochemical tests with the reagents if any, filter paper impregnated with oxidase reagent.

Points of Water Sample Collection

- 1. Neonatal Intensive care unit
- 2. Labour room
- 3. Surgery Intensive care unit
- 4. Dialysis room
- 5. Causality
- 6. Medicine Intensive care unit
- 7. Heart center
- 8. Central/Main Intensive care unit
- 9. Microbiology lab
- 10. UD- Hotel (canteen)
- 11. Neurosurgery Operation Theatre Scrub sink
- 12. Obstetrics and Gynaecology Operation Theatre Scrub sink
- 13. Surgery Major Operation Theatre Scrub sink
- 14. Surgery ward
- 15. Surgery Minor Operation Theatre Scrub sink
- 16. Medicine ward
- 17. Orthopaedics minor Operation Theatre Scrub sink
- 18. Dermatology minor Operation Theatre Scrub sink

- 19. Bronchoscopy room
- 20. Orthopaedics ward

Procedure

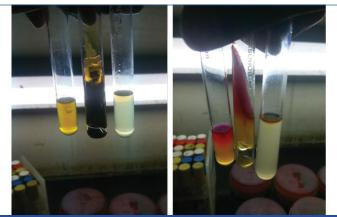
- The 20 different source points of water were chosen for bacteriological water analysis based on the usage and patient inflow after studying the floor plan of the hospital. Each of the chosen 20 points had metal taps that were most commonly used by doctors, staff nurse and patients. Plastic taps were excluded. For collection of water samples, each tap was opened and the water was allowed to flow through for 2 minutes. The tap was then closed. Later, the tap was cleaned with spirit thoroughly immediately after which it was lit using a spirit lamp. This procedure was employed for removing any bacteria that were already present due to their use. After the tap cooled down, it was opened and 100 mL of water was collected after letting the first 30-50 mL of water flow through it. The water was directly collected in the 2 sterile bottles provided in the kit. Once the water was collected, the cap of the bottle was closed immediately to prevent contamination. After collection of water, the nutrient media was added to the two bottles and labeled 'A' and 'B' respectively and mixed gently in rotatory movements. All the sample bottles were then incubated at 37°C for 24 hours. All the bottles were inspected for colour change after 24 hours. Any bottle with colour change was noted and each of it was cultured on MacConkey agar (MA) and Blood agar (BA) by streaking and all the culture plates were incubated at 37°C for 24 hours.
- On day 3, each culture plate was checked for growth



[Table/Fig-1]: Images showing growth obtained on culture plates

[Table/Fig-1]: Different types of colonies were noted and were subjected to the following three biochemical tests.

- a. Indole test
- b. Mannitol Motility test
- c. Triple sugar iron (TSI) test [9]
- The test tubes were incubated at 37°C for 24 hours and the test tubes were noted for positive indole test i.e., formation of a cherry red layer after using Kovac's reagent [Table/Fig-2]. Gas



[Table/Fig-2]: Image showing test tubes for Mannitol motility test, TSI test, Indole test.

formation/blackish discolouration/colour of 'But' and 'slant' of the test tube in case of TSI test done using stab and streak method; and motility noted in mannitol motility test.

• The organism was narrowed down by understanding the morphology of colonies formed on the agar plates and by three biochemical tests. Further, the sensitivity of the organism to different drugs was determined by Kirby- Bauer method. The organism was streaked using a loop and an antibiotic disc was placed [Table/Fig-3]. This was further incubated at 37°C for 24 hours and the sensitivity was determined by analysing



the zone of inhibition [9].

RESULTS

The results obtained are tabulated as shown in [Table/Fig-4]. Based on the colonies obtained in the culture plates, biochemical reactions, it was found that the samples were contaminated with *Salmonella* species, *Enterobacter, Klebsiella, E.coli, Citrobacter, Proteus,* NF GNB, *Pseudomonas, Acinetobacter. Pseudomonas* was confirmed by performing Oxidase test which turned out to be positive.

1. Percentage of Contamination

Since colour change has been observed in all samples, both 'A' and 'B' and culture has revealed that there is growth in all samples, there is 100% contamination of water at all source points of the hospital [Table/Fig-5].

2. To Identify the Prevalence of Bacteria (Coliform and

Others) in the Water Sample

Eighteen samples were contaminated with *E.coli* (including neurosurgery OT) indicating a prevalence of 90%, 13 with *Klebsiella*, 9 with *Enterobacter*, 8 with *Citobacter*, 2 with *Proteus*, 2 with NF GNB,1 with *Salmonella* (seen in MICU), 1 with *Pseudomonas* (seen in UD Hotel), 1 with *Acinetobacter*. Isolation of organisms other than coliforms indicates that there is a good chance of significant spread of nosocomial infection through water. There is an increased risk of nosocomial infection, especially in immuno compromised patients creating difficulty in treating patients and increased mortality and morbidity [Table/Fig-6].

3. To Determine the Bacteriological Profile of the Organisms Present

Most of the isolates were sensitive to all drugs. However, a few isolates of *E.coli, Citrobacter, Enterobacter* were resistant to Ampicillin, Amoxicillin- clavunalic acid, Imipenem, Cefoperazone, Cefuroxime. Antibiotic testing is essential as it helps in further management of the patients and also helps to analyse the severity of contamination. Such sensitivity patters shows us that there is an indiscriminate use of antibiotics and genetically multi drug strains are emerging.

DISCUSSION

Hospital water quality is directly related to patient's health. A similar study on microbiological status of drinking water suggested that there was contamination with *S. aureus, S. intermedius, S. felis* and *S. saccharolyticus* which was sensitive to erythromycin, tetracycline, norfloxacin, ciprofloxacin. The antibiotic sensitivity was done by disc diffusion method [9]. In another similar study done in Yaounde University teaching hospital which concluded that 75% of water samples of hospital were culture positive with *Burkholderia cepacia, Klebsiella, Acinetobacter, Citrobacter, Serratia* causing increased risk of nosocomial infection [10].

The above results obtained in this study indicate that *E.coli* was a major contaminant of water in the hospital followed by *Klebsiella, Enterobacter, Citrobacter, Proteus,* NFGNB, *Salmonella, Pseudomonas, Acinetobacter.* Isolation of *Salmonella* poses increased risk of Typhoid fever. *Pseudomonas* is notorious to cause infection and sepsis, more commonly in immunocompromised patients. With a contamination rate of 100%, one can infer that

SI. No	Source point	Sample	Colour	Colonies isolated	Mannitol	Motility	TSI	Indole	Organism	Antibiotic sensitivity
		А	Black	LF	Р	Р	A/A H2S	N	Proteus	Sensitive to all
1	NICU		N7 II	LF	Р	Р	K/A	Р	E. coli	Sensitive to all
		В	Yellow	PLF	Р	N	K/A	N	Klebsiella	Sensitive to all
		^	Yellow	LF	Р	Р	K/A	Ρ	E. coli	Sensitive to all except A, AC, CPZ
2	Labour room	A	Yellow	NLF	Р	Р	K/A	Ρ	E. coli	Sensitive to all except A, AC, CPZ
		В	Yellow	LF	Р	N	K/A	Ν	Klebsiella	Sensitive to all
			Black	LF	Р	N	A/A	Р	Klebsiella	Sensitive to all
		A	DIACK	NLF	Р	N	A/A	N	N Proteus P E. coli N Klebsiella P E. coli P E. coli N Klebsiella P Klebsiella	Sensitive to all
3	Surgery ICU			NLF	Ρ	Р	K/A	Ρ		Sensitive to all
		В	Yellow	LF	Р	Р	K/A	Ν	Enterobacter	Sensitive to all
				PLF	Ν	Ν	K/A	Ν	NF GNB	Sensitive to all
				LF	Р	Ν	A/A	Ν	Klebsiella	Sensitive to all
		А	Black	NLF	Р	Ν	A/A	Ν	Klebsiella	Sensitive to all
4	Dialysis Room			PLF	Р	Р	A/A H2S	Ν	Citrobacter	Sensitive to all
4	Diarysis NUUTT			LF	N	Р	A/A H2S	Ν	Proteus	Sensitive to all
		В	Yellow	NLF	Р	Р	A/A	Р	E. coli	Sensitive to all
				Swarmimg	Ν	Р	A/A H2S	Ν	Proteus	Sensitive to all

5	Casuality	А	Black	LF	Р	Р	K/A H2S	N	Citrobacter	Sensitive to all except A, AC, IP!
Ŭ	Cubuanty	В	Black	LF	Р	Р	K/A	Р	E. coli	Sensitive to all except A, AC, IPI
		A	Black	NLF	Р	Р	A/A	Ν	Enterobacter	Sensitive to all except CPZ, A, A
6	MICH	A	DIACK	LF	Р	Р	K/A	Р	E. coli	Sensitive to all except CPZ, A, A
0	MICU		Orean	LF	Р	Р	K/A H2S	Ν	Salmonella typhi	Sensitive to all
		В	Green	PLF	Р	N	K/A	N	Klebsiella	Sensitive to all
			Dark	LF	Р	Р	A/A	Р	E. coliEnterobacterSalmonella typhiSalmonella typhiKlebsiellaIcoliKlebsiellaCitrobacterEnterobacterEnterobacterCitrobacterCitrobacterSalmononasCitrobacterSalmononasCitrobacterSalmononasCitrobacterSalmononasCitrobacterSalmononasCitrobacterSalmononasCitrobacterSalmononasCitrobacterSalmononasCitrobacterSalmononasCitrobacterSalmononasCitrobacterSalmononasCitrobacterSalmononasCitrobacterSalmononasCitrobacterSalmononasCitrobacter </td <td>Sensitive to all except CPZ, A, A</td>	Sensitive to all except CPZ, A, A
_		A	red	NLF	Р	N	A/A	N	Klebsiella	Sensitive to all
7	Heart center	D	Mallaur	LF	Р	Р	A/A	N	Enterobacter	Sensitive to all except CPZ, A, A
		В	Yellow	NLF	Р	N	A/A	N	Klebsiella	Sensitive to all
				LF	Р	Р	A/A H2S	N	Citrobacter	Sensitive to all
_		A	Yellow	NLF	Р	Р	A/A	N	Enterobacter	Sensitive to all
8	ICU Main		Dark	LF	Р	Р	K/A	N	Enterobacter	Sensitive to all
		В	Yellow	PLF	Р	Р	K/A	Р	E. coli	Sensitive to all
		A	Black	LF	Р	Р	A/A H2S	N	Citrobacter	Sensitive to all except AC and A
9	Microioloy lab		Dark	PLF	Р	Р	K/A	N	E. coliE. coliEnterobacterIE. coliIKlebsiellaIE. coliIKlebsiellaICitrobacterICitrobacterIEnterobacterIEnterobacterIEnterobacterIEnterobacterIEnterobacterIEnterobacterIEnterobacterIEnterobacterIEnterobacterIEnterobacterIEnterobacterIEnterobacterIEnterobacterIEnterobacterIEnterobacterIEnterobacterIEnterobacterIICirtobacterIIEnterobacterIIEnterobacterIIEnterobacterIIEnterobacterIIEnterobacterIIEnterobacterIIEnterobacterIIEnterobacterIIEnterobacterIICitrobacterIICitrobacterIIEnterobacterIIEnterobacterIIEnterobacterIIEnterobacterIIEnterobacterIIEnterobacterIIEnterobacter <tdi< td="">IEnterobacter<tdi< td="">IEnterobacter<tdi< td="">I</tdi<></tdi<></tdi<>	Sensitive to all except AC and A
	,	В	Green	LF	P	Р	K/A	Р	E. coliE. coliE. coliSalmonella typhiKlebsiellaE. coliE. coliE. coliKlebsiellaCitrobacterEnterobacterE. coliE. coliEnterobacterE. coliE. coliFinterobacterE. coliE. coliFinterobacterE. coliFinterobacterFintero	Sensitive to all
				Spreading LF	N	Р	K/K	N	NF GNB	Sensitive to all
0	UD Hotel	А	Yellow	NLF	P	N	A/A	N	Klebsiella	Sensitive to all
-		В	Black	Oxidase P, NLF	P	P	K/K	N	E. coliEnterobacterE. coliSalmonella typhiKlebsiellaE. coliKlebsiellaEnterobacterEnterobacterEnterobacterEnterobacterE. coliEnterobacterE. coliEnterobacterE. coliEnterobacterE. coliEnterobacterE. coliEnterobacterE. coliE. coliE. coliKlebsiellaE. coliKlebsiellaE. coliKlebsiellaE. coliE. coliCitrobacterE. coliCitrobacterE. coliCitrobacterE. coliCitrobacterE. coliCitrobacterE. coliE. coli <td>Sensitive to all</td>	Sensitive to all
_			Black	LF	P	P	A/A H2S	N		Sensitive to all except AC and A
		А	Black	PLF	P	P	A/A H2S	N		Sensitive to all except AC and A
1	Neurosurgery OT			LF	P	P	A/A	P		Sensitive to all
		В	Black	NLF	P	N	A/A	N		Sensitive to all
_		A	Black	LF	P	P	A/A	N	,	Sensitive to all
2	OBG OT	B	Yellow	LF	N	N N	K/K	N		Sensitive to all
_		D	Tellow	LF	P	P	A/A	P		Sensitive to all except CPZ, A,
<u>,</u>		А	Black		Р	Р		P		• • • • •
3	General surgery OT	В	Disale	LF	P		A/A A/A			Sensitive to all except CPZ, A, A
_		В	Black	LF	P	N P		N	,	
,	O	А	Green		P	P	A/A	N		Sensitive to all
4	Surgery ward		0	NLF			A/A	P		Sensitive to all
		В	Green		P	N	A/A	N	,	Sensitive to all
		А	Black	LF	P	P	A/A H2S	N		Sensitive to all
5	Surgery minor OT		-	PLF	P	Р	A/A H2S	N	Citrobacter	Sensitive to all
		В	Dark yellow	LF	Р	Р	A/A	Р	E. coli	Sensitive to all except A, AC, C
			Disali	LF	Р	Р	A/A H2S	N	Citrobacter	Sensitive to all except A, AC, IF
6	Medicine ward	A	Black	NLF	Р	Р	A/A H2S	N	Citrobacter	Sensitive to all except A, AC, IF
		В	Yellow	LF	Р	Р	A/A	Р	E. coli	Sensitive to all except A, AC, C
				LF	Р	Р	A/A H2S	N	Citrobacter	Sensitive to all
		A	Yellow	NLF	Р	Р	A/A H2S	N	Citrobacter	Sensitive to all
7	Orthopaedics minor OT			LF	Р	Р	A/A	Р	E. coli	Sensitive to all
		В	Yellow	NLF	Р	N	A/A	N	Klebsiella pneumonia	Sensitive to all
				LF	Р	Р	A/A	Р	E. coli	Sensitive to all
		A	Yellow	NLF	Р	Р	A/A	N	Enterobacter	Sensitive to all
8	Dermatology minor OT			LF	P	Р	A/A	N		Sensitive to all
		В	Yellow	NLF	P	N	A/A	N		Sensitive to all
		•	Dark						,	
9	Bronchoscopy	A	Yellow	LF	Р	P	A/A	P	E. CUII	Sensitive to all
		В	Green	NLF	Р	Р	A/A	N	Enterobacter	Sensitive to all except CXM
		A	Yellow	LF	Р	Р	A/A	N	Enterobacter	Sensitive to all except A, AC, C
0	Orthopaedics ward		. 5110 VV	NLF	Р	Р	A/A	Р	NCitrobacterSNEnterobacterSNEnterobacterSNCitrobacterSNEnterobacterSNEnterobacterSNEnterobacterSNEnterobacterSNFilescellaSNVitobacterSNPseudomonasSNCirtobacterSNCirtobacterSNCirtobacterSNCirtobacterSNEnterobacterSNAcinetobacterSNEnterobacterSNEnterobacterSNEnterobacterSNEnterobacterSNCitrobacterSN	Sensitive to all except A, AC, C
	Cranopaculos Walu	В	Yellow	LF	Р	Ν	A/A	N	Klebsiella pneumonia	Sensitive to all
			1 01000	NLF	Р	N	A/A	N	Klobajalla provincipia	Sensitive to all

the existing water treatment of the hospital is not up to the mark showing that the water is unfit for use and could be one of the

potential sources of infections in patients. This could be because of patients coming in direct contact with water, doctors washing



Organism	Samples positive	Total number of samples	Prevalence				
E. coli	18	20	90%				
Klebsiella	13	20	65%				
Enterobacter	9	20	45%				
Citrobacter	8	20	40%				
Proteus	2	20	10%				
NF GNB	2	20	10%				
Salmonella	1	20	5%				
Pseudomonas	1	20	5%				
Acinetobacter	1	20	5%				
Vibrio	0	20	0%				
[Table/Fig-6]: Indicates the prevalence of the organisms.							

their hands and touching patients, scrubbing before surgery. Postoperative patients, Diabetics and immune-compromised patients are at a higher risk of acquiring these diseases, possibly increasing the disability and morbidity of the patient with increase in duration of hospital stay and delayed recovery time, creating more trouble to patients who probably cannot afford the extended treatment. The above results were discussed in detail with the hospital management. The concerned authorities promised to take necessary action to reduce water contamination by cleaning the water tanks and installation of new water purification systems. Studies suggest that there is an increased risk of postoperative infections, mainly due to water. Prevention is always better than cure. With that in mind, measures have to be taken to prevent possible risk of transmission of communicable diseases and help prevent further complications, reduce mortality and morbidity of patients coming to the hospital. The following steps can be taken at different levels.

Doctors can use sterile gloves while examining the patients. In the Operation theatre, after scrubbing, spirit can be used. Spirit should also be used before and after examining a patient to prevent spread of infection. Furthermore, each department of the hospital has to take initiative to clean the water taps regularly, fumigate the wards and operation theatre regularly. Regular water testing helps in monitoring of the water quality. With the advancement in science and technology, use of biosensors and spectrophotometric methods are now trending for detection of microorganisms. Proper waste disposal and Proper sewage treatment plan has to be maintained by using closed dustbins, frequent cleaning of water tanks, changing of old pipes and keeping the tanks closed. Good hygiene is also very essential. Studying the patterns of infection in patients can help identify the root cause and source of infection. The hospital administrative department can install automatic taps that reduces the infection as it eliminates manual opening of taps.

Regular inspection by the hospital authorities is needed. The hospital can install and use the techniques for water treatment such as Boiling, UV light, chemicals like chlorine, electronic purification, and filtration by reverse osmosis.

According to WHO, about 1.1 billion people globally drink unsafe water and the vast majority of diarrhea associated diseases reported across the globe is attributable to unsafe water, sanitation and hygiene. Since water-borne diseases are still major health burden in many parts of the world, allowing the water to come to a rolling boil followed by cooling is sufficient to inactivate bacteria, virus and protozoa [11].

This method is simple to practice, easy and cost effective. UV Light is an expensive but good bactericidal agent. Chlorine, a commonly used chemical method of water purification is good bactericidal agent. In chlorination of water, chlorine forms hydrochloric acid and hypochlorous acid which is bactericidal in nature. It is available in solid, liquid and gaseous forms. Hydrogen peroxide may be used in emergencies. Oxidation using ozone is also done but it is toxic and expensive. Filtration of water, however, is one of the best methods for water filtration in large scale [12].

Although mechanical filters such as ceramic filters, Katadyn filters, berkefeld filter, chamberland filter can used, reverse osmosis is one of the most efficient methods of water purification and cost efficient on a large scale. It uses a membrane with microscopic holes that filter out the bacteria. The mechanism of action can be broken down into 5 stages. In stage one, the sand, silt and dust particles are removed. In the second stage, there is an activated carbon filter that removes all the chemical impurities. In stage three, there is a gag filter that removes the bad taste and odour producing substances. In stage four, the water passes through 0.0001 mm pore allowing only water molecules to pass through. In stage five, Bacteriostatic silver impregnated activated carbon prevents the growth of bacteria and removes the odour [12]. One or more of the above methods can be used to keep the water clean and fit for use.

Water is a main source of hospital acquired infections. Maintaining water fit for use will reduce the number for hospital acquired infections. Installation of reverse osmosis in the hospital premises is the best method for water purification [13]. It paves way for preventing the occurrence of multi drug resistance bacteria. It has good efficiency and is a one time investment. The results are worthy.

LIMITATION

This study does not include the physical and chemical contamination of water. Furthermore, Viruses, Parasites and protozoa were excluded from study due to lack of facility.

CONCLUSION

One or more of the above methods, individually or in combination could be used to treat water. Water from different points of the hospital has to be taken again and culture and sensitivity must be done to check the efficacy of the system.

Proper water facilities are an essential requisite to ensure infections do not spread through contaminated water. The Hospital should inspect the water sources using the floor map and look for points of possible contamination and fix it. This study also provides a cautionary tool to maintain a proper sanitation and hygiene in a health care center so as to prevent occurrence of diseases in already immunosuppressed patients. The other methods like boiling, chlorination etc., can also be employed. Water quality in a hospital should be maintained strictly to help build a better quality of life of patients.

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PLAGIARISM CHECKING METHODS: [Jain H et al.]

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- List of Abbreviations:

E- coli- Escherichia Coli

SICU- Surgery Intensive care unit

MICU- Medicine Intensive care unit

ICU- Intensive care unit

OBG- Obstetrics and Gynaecology

OT- Operation Theatre

BA-Blood agar

MA- MacConkey agar

NICU- Neonatal Intensive care unit

MM- Mannitol Motility

TSI- Triple Sugar Iron

LF- Lactose Fermenting

NLF- Non Lactose fermenting

NF GNB- Non fermenting gram negative bacilli

P- Positive N- Negative A/A- Acid/Acid K/K- Base/Base A/K- Acid/Base K/A- Base/Acid H2S- Hydrogen Sulphide CPZ- Cefoperazone A- Ampicillin AC- Amoxicillin- clavulanic acid IMP- Imipenem CXM- Cefuroxime Post- OP- Post Operation PLF- Pale Lactose Fermenting

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